



G20 Co-branded Event 'Health of Youth-Wealth of Nation'

Technical Session 1 | 11:45-13:00 IST "Centre staging health and well-being of adolescents and young people"

Background

The transition from childhood to adulthood is often a very exhaustive process. Bodily changes mixed with emotional changes raise several questions in an adolescent's mind. Lack of awareness, availability and access to information and youth-friendly services paves way for risky health behaviours among adolescents and expose them to numerous vulnerabilities. Various intersecting identities like age, ability, class, religion, socio-economic status, race, etc., determine and dictate the impacts of existing vulnerabilities upon adolescents and young people. Adolescent and youth carry the burden of the nation's future; hence, it is crucial to shift the needle and centre stage the health and well-being of adolescents and young people.

Adolescent health and well-being require a comprehensive approach that addresses the multifaceted needs of young people. Therefore, to emphasize upon the need for and importance of centre-staging health and well-being of adolescents and young people, a panel of experts are coming together to share knowledge, global and national good practices, and experiences.

About the discussion

The first technical session will set the context for the day. The discussions will focus on sharing of knowledge and good practices in implementing inter-sectoral policies and programmes on thematic areas of **Mental Health, Nutrition, Sexual Reproductive Health and Violence and Injuries**. The session will also deliberate on current challenges faced by adolescent and youth along with highlighting innovative evidence-based solutions to address these challenges.

Format

The technical session will be moderated and will be an interactive panel discussion with the dignitaries. Questions will be given to each speaker, based on their expertise on the identified thematic areas. The discussion will be followed by a Q&A with the audience which will include young people.

Panel Composition

Secretary, Health and Family Welfare (H&FW), Secretary (School literacy and Education), Partnership for Maternal Newborn and Child Health (PMNCH) Board members, Youth representatives and Subject-Matter Experts

Outcome

Key insights and takeaways from the panel discussion and Q&A session will be summarized and feed into outcome document of G20 Co-branded event.